

# Letchworth



## Sports and Tennis Club

**Weekly Update: 5<sup>th</sup> March 2010**

### **Outdoor Courts...**

It seems that the awful Wintry spell we have recently had has gone and Spring has arrived!!!

As the weather gets better, we will be enforcing cancellation fees for any unattended courts again.

Please make sure you cancel any unwanted courts at least 24 hours in advance.

### **Polite Notice to all Parents...**

Unfortunately the Pool Table was badly damaged last week and both cues were also broken.

Can parents please make sure that their children are behaving in an appropriate manner whilst at the club.

### **Club News**

## **Great North Way Charity Cycle Ride**

Join us on a 60 mile trail to raise money for  
The Willow Foundation

**Date: Sunday 25<sup>th</sup> April 2010**

**Start Time: 9:30am**

**Entry Fee: £5 per person**

We request that all participants also raise sponsorship

money for the event

If you do not wish to join in, you can still help us to raise money for Willow by visiting our fundraising page

[www.justgiving.com/lstc](http://www.justgiving.com/lstc)

Please sign up at Reception if you wish to take part

For further information on The Willow Foundation please click on the logo below



Any Runners...

John Garland will be running 3 miles every Saturday at 2pm and welcomes members to join him! The pace will not be fast! The route is very safe along quiet roads with only a couple of road crossings.

## Tennis News

# Easter Camp



# 2010

## **Starting Tuesday 6<sup>th</sup> April**

**Please see Reception for more information and to book your child's space.**

**Spaces are limited and the Camps are always over subscribed, please book early to avoid missing out!**

### **Racketlon Returns to Letchworth**

Letchworth Sports and Tennis Club is now an established venue for the new sport of racketlon and we will be hosting the Hertfordshire Open April 17-18. There are categories for seniors and juniors of all standards and newcomers are very welcome.

Racketlon combines table tennis, badminton, squash and tennis.

Entry must be made online at [www.englishracketlon.org](http://www.englishracketlon.org).

Please contact John Garland at the club with any enquiries about this or any other tournaments.

### **Letchworth Open Tennis Tournament**

We are hosting the Letchworth Open tennis tournament April 12-17. This tournament is open to anyone and there are events for minis, juniors, seniors and veterans.

This is a great opportunity for members to play competitive matches against players from other clubs. All standards are welcome and new competitors are especially welcome.

To enter simply send an email to [letchworthtennis@virginmedia.com](mailto:letchworthtennis@virginmedia.com) or enter and pay online at [www.lta.org.uk/competition](http://www.lta.org.uk/competition) using the tournament code HER121.



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### March Madness

Pay for one Reflexology treatment and get one half price!

The Reflexology session can be done at the Gym, or at your own home if you are female.

Reflexology has the benefit of balancing the body and can leave you feeling more relaxed, less stressed and healthier.

### Bar/Café News

# Family Quiz Night



**With Guest Presenter!!!**

**Friday 2<sup>nd</sup> April 2010**

**7.30pm - 10pm**

## **Please Sign Up at Reception**

Teams of 4 - 8 people

## **Members and Guests Welcome**

Entry must be booked and paid for in advance

**£5 Adult / £4 Child**

Includes Quiz Entry Fee and Curry  
(Bolognaise option available upon request)

### **This Week's Events and Matches**

**Come along and support your teams in action this weekend**

#### **Saturday**

Ladies Over 50's Vs. Hoddesdon 1pm

#### **Sunday**

Letchworth 5<sup>th</sup> Vs. Brookmans Park 1pm

Letchworth Over 45's Vs. Bishops Stortford 1pm

### **This Weekends Live Sport on the Big Screen**

#### **Saturday 6<sup>th</sup> March**

Portsmouth V Birmingham 12:45

Fulham V Spurs 17:30

#### **Sunday 7<sup>th</sup> March**

Reading V Aston Villa 13:45

Chelsea V Stoke 16:00

Don't forget this Week is Champions League Week...

#### **Tuesday 8<sup>th</sup> March**

ARSENAL Vs PORTO 19:45

#### **Wednesday 9<sup>th</sup> March**

REAL MADRID Vs LYON

*Sporting Drinks Offers Available*

(During any of the above fixtures)

£4-00 Pint, Sausage and Chips Meal Deal

£2-00 Pint of BECKS VIER

2 for 1 on Bottles of BUDWEISER

Pat Mills

Customer Service and Operations Manager

Letchworth Sports and Tennis Club

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