

Adult tennis coaching Autumn Timetable



6-week Courses – Starting week commencing 9th September ending Saturday 19th October.

Session	Recommended Grade	Day	Time	Courts	Coach	Members	Non - members
IMPROVERS	Bronze	Friday	9:30 – 11:00	Outdoor CLAY	Charlotte Gibbons	£48	£66
IMPROVERS INTERMEDIATE	Bronze	Friday	11:00 -12:30	Outdoor CLAY	Charlotte Gibbons	£48	£66
BEGINNERS COURSE	Copper	Friday	9:30-11:00	Outdoor CARPET	John Bennet	£48	£66
IMPROVERS COURSE	Bronze	Saturday	10:00 – 11:30	Outdoor CLAY	Martin Home	£48	£66
BEGINNERS COURSE	Copper	Saturday	11:30 – 13:00	Outdoor CLAY	Martin Home	£48	£66
AD -HOC CHECK WITH RECEPTION FOR SPACES 01462 675444						£12	£15

Adult Drills – Book on at reception (Drills only on during term time) Starting week commencing 2nd September (14 week term, excluding week beginning 28th October).

Session	Recommended Grade	Day	Time	Courts	Coach	Members	Non - members
Daytime Drills	Silver/Gold	Wednesday	10:00-11:30	INDOOR	Jerry Rose	£12	£15
Evening Drills	Silver/Gold	Wednesday	19:30-20:30	INDOOR	Jerry Rose	£8	£11
Spanish Drills Basket drills	Bronze upwards	Monday	20:00 – 21:00	INDOOR	Gary Chamberlain	£8	£11

What are drills?

Spanish Drills – Repetition, repetition, repetition. Hit plenty of balls in this coach led basket drill session.

Daytime and evening Drills— Improve your consistency and learn new skills with similar standard players in a social environment. Involves high-repetition and game-based drills with friendly competition.

Grading Structure

Copper (Adult Beginners)- These players are new to the game or have not played for several years.

Bronze (Adult Improver)- Players have a complete understanding of how to play a set. They can serve and return consistently

Silver (Adult Social Players)- These players compete in the external leagues such as the Datchworth and Orchard.

Gold (Adult Team Players)- These players compete in external leagues such as the Datchworth and Orchard Leagues but are also transitioning into the higher County leagues such as AEGON Team Tennis events and the Herts League.

Platinum (Adult Advanced Team Players)- These players compete in the higher regional & county divisions for all leagues.